

International Conference on the Prevention of Doping in Sport (ICPDS 2016)

Date of the conference:

Monday 5/12/2016

Venue of the conference:

Athens, Greece

Ministry of Education, Research and Religious Affairs,
Andrea Papandreou 37, Marousi

CONFERENCE PROGRAM

9.00-9.30 Registration and refreshments

9.30 – 10.00 Greetings

Minister of Culture and Sport

Undersecretary of Sport

Director of National Anti-Doping Organization

SAFEYOU project coordinator

10.00-11.30 DOPING IN SPORT: PREVALENCE, PREVENTION & POLICY-MAKING

Chair: Dr Vassilis Barkoukis

10.00-10.20: National regulatory framework against doping use in sports

Mr Synadinos, General Secretariat for Sports, Greece

10.20-10.40: Actions and future perspectives in controlling doping use in sports

Dr Toumbekis, National Anti-Doping Organization, Greece

10.40 – 11.00: NADOs role in controlling doping use in competitive and recreational settings

Dr Mueser, National Anti-Doping Agency, Germany

11.00-11.20: Challenges and needs in doping prevention in recreational and amateur sports

Dr Michaelides, Cyprus Sport Organization, Cyprus

Each presentation will last 15 minutes and allow 5 minutes for discussion

11.30 – 12.00 Coffee break

12.00-13.30 UNDERSTANDING AND PREVENTING DOPING USE IN FITNESS AND EXERCISE: THE SAFE YOU PROJECT

Chair: Prof. Petroczi

12.00-12.20: Doping use outside competitive sports: An emerging public health issue?

Dr Lazuras, Sheffield Hallam University, UK

12.20-12.40: How can a behavioural science approach inform doping prevention in amateur and recreational sports?

Prof. Zelli University Foro Italico, Italy

12.40-13.00: Understanding and preventing doping in grassroots sports: The SAFE YOU Project

Dr Barkoukis, Aristotle University of Thessaloniki, Greece

13.00-13.20: Anti-doping education in young people: Embedding the SAFE YOU tool in the school curriculum

Prof. Hudson, Kingston University London, UK

Each presentation will last 15 minutes and allow 5 minutes for discussion

13.30-14.30 Lunch break

14.30 - 16.00 UNDERSTAND YOUR BODY. UNDERSTAND YOUR SUBSTANCES: THE SAFE YOU RESEARCH

Chair: Prof. Ralf Brand

14.30-14.50: Why young exercisers turn to doping use? Risk and protective factors

Prof. Brand, University of Potsdam, Germany

14.50-15.10: The lived experiences of young people with performance- and appearance enhancing drugs: a five country perspective

Dr Vargo, Kingston University London, UK

15.10-15.30: Co-developing anti-doping education with exercisers: The added value of co-creation in doping prevention

Prof. Petroczi, Kingston University London, UK

15.30-15.50: The SAFE YOU TOOL from end-users' perspectives

Mrs Ainsworth & Mr Nowack Kingston University London, UK & University of Potsdam, Germany

Each presentation will last 15 minutes and allow 5 minutes for discussion

16.00-16.30 Coffee break

16.30-18.30 EMPOWERING YOUNG EXERCISERS TO SAY 'NO' TO DOPING: THE SAFEYOU EDUCATION TOOL

International audience

The SAFEYOU application [**Mrs Ainsworth**]

1. Types of PAES and what they can and cannot do [**Dr Pavlidis**]
2. Why are PAES popular? [**Mr Nowack**]
3. Health maintenance or human enhancement? [**Dr Lazuras**]
4. Body as machine [**Prof. Zelli**]
5. Behind the scenes: exposing the truth [**Dr Mallia**]
6. Consequences of PAES use (physical and psychological) [**Dr Pavlidis**]
7. Becoming a PAES expert [**Mrs Muzi**]
8. *Au naturel*: Sport without PAES [**Dr Lazuras**]

Greek audience

The SAFEYOU application [**Mr Loukovitis**]

1. Types of PAES and what they can and cannot do [**Dr Michaelides**]
2. Why are PAES popular? [**Dr Barkoukis**]
3. Health maintenance or human enhancement? [**Prof. Tsorbatzoudis**]

4. Body as machine [**Dr Barkoukis**]
5. Behind the scenes: exposing the truth [**Dr Barkoukis**]
6. Consequences of PAES use (physical and psychological) [**Dr Michaelides**]
7. Becoming a PAES expert [**Dr Barkoukis**]
8. *Au naturel*: Sport without PAES [**Prof. Tsorbatzoudis**]